



# SRIVENI LIFE COACH

HYDERABAD, TELANGANA

# KNOW ME

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*"As a pledged life coach, I'm passionate about guiding individuals towards their fullest potential and helping them lead fulfilling lives. With a background in M.A. Sociology & Psychology from Osmania University, I bring a unique blend of expertise and empathy to our coaching sessions. My approach is rooted in collaboration, empathy, and personalized strategies tailored to your specific needs and aspirations. Whether you're striving for professional achievement, harmony in relationships, or pursuing personal growth, I'm committed to supporting you on your journey to success and fulfilment".*

**S.SRIVENI** , *Life coach*





# LIFE AND WELLNESS COACHING

We are born with a mind-set of positivity, adventure, and appreciation for the richness and beauty that life has to offer. Embrace every opportunity, experience joy and fulfilment in all aspects of life, and make the most of every moment.

Welcome to my coaching platform, which is dedicated to helping you define and achieve your goals across various aspects of life. Whether you're seeking clarity in your career path, navigating relationships, pursuing personal growth, improving your health, or any other area of life, I'm here to support you every step of the way. My mission is to empower you to unlock your full potential and create the life you envision.







ARE YOU ON THE LOOKOUT FOR THE RIGHT GUIDANCE?



*Look no further than our Life and Wellness Coaching Programs. I 'm here for you to navigate through the challenges of life. Whether through group settings or one-on-one interactions, these programs focus on shifting your perspective towards your innate potential, laying the groundwork for continuous self-improvement.*





**MAKE A CALL NOW**

## **WHAT YOU WILL LEARN FROM ME ?**

*I provide personalized life coaching services that help you pinpoint your goals, develop effective strategies, and create a roadmap for success, empowering you to flourish both personally and professionally*

## **WHY CHOOSE ME?**

*Embarking on my counselling and life coaching journey since 2002, I bring over two decades of experience to empower individuals towards positive transformation.*

*Throughout my career, I've been honoured with numerous accolades and certificates from esteemed institutions, NGOs, and industry organizations, recognizing my commitment to excellence.*

*With over 20 years of experience in government health departments, I've actively engaged in diverse social initiatives, contributing to positive change and community well-being.*



# SHEDDING LIGHT ON DEPRESSION

*I provide compassionate support and guidance for individuals navigating through various challenges that may contribute to feelings of depression. My areas of expertise are:*

## COUPLE COUNSELING



Relationship struggles can deeply impact mental well-being. I provide specialized counselling services for couples looking to resolve disputes and deepen their relationship.

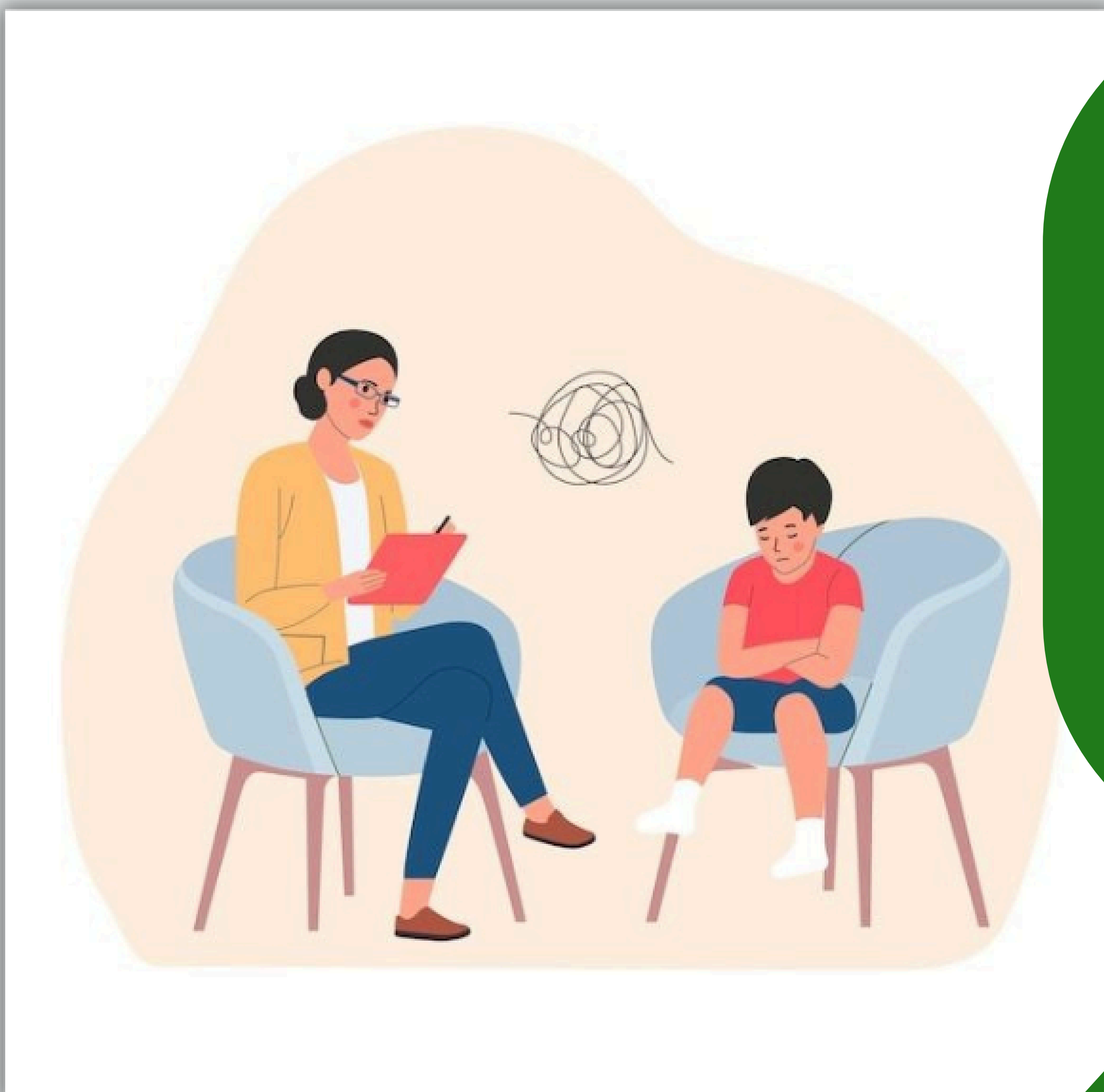


# LOVE RELATIONSHIPS



Emotional anguish can occasionally result from the delicate nature of love relationships. I create a secure environment where people can explore their emotions and discover meaning in the midst of difficulties relating to love.

# CHILD COUNSELING



Depression in children and teenagers can result from an array of things, including social conflicts, familial problems, and pressure to perform well in school. My approach to counselling is intended to help young people develop resilience and learn how to manage their emotions.



# CORONA COUNSELING



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# PUBJI THERAPY



Addiction to video games and excessive screen time can have negative effects on mental health, particularly in younger people. I conduct counselling services with the goal of treating gaming addiction and encouraging positive online behaviour.



# SUICIDE PREVENTION



Know that assistance is available if you or someone you know has considered suicide or made an attempt. I help people who are battling with suicidal thoughts find hope and healing by providing them with resources and empathetic support.



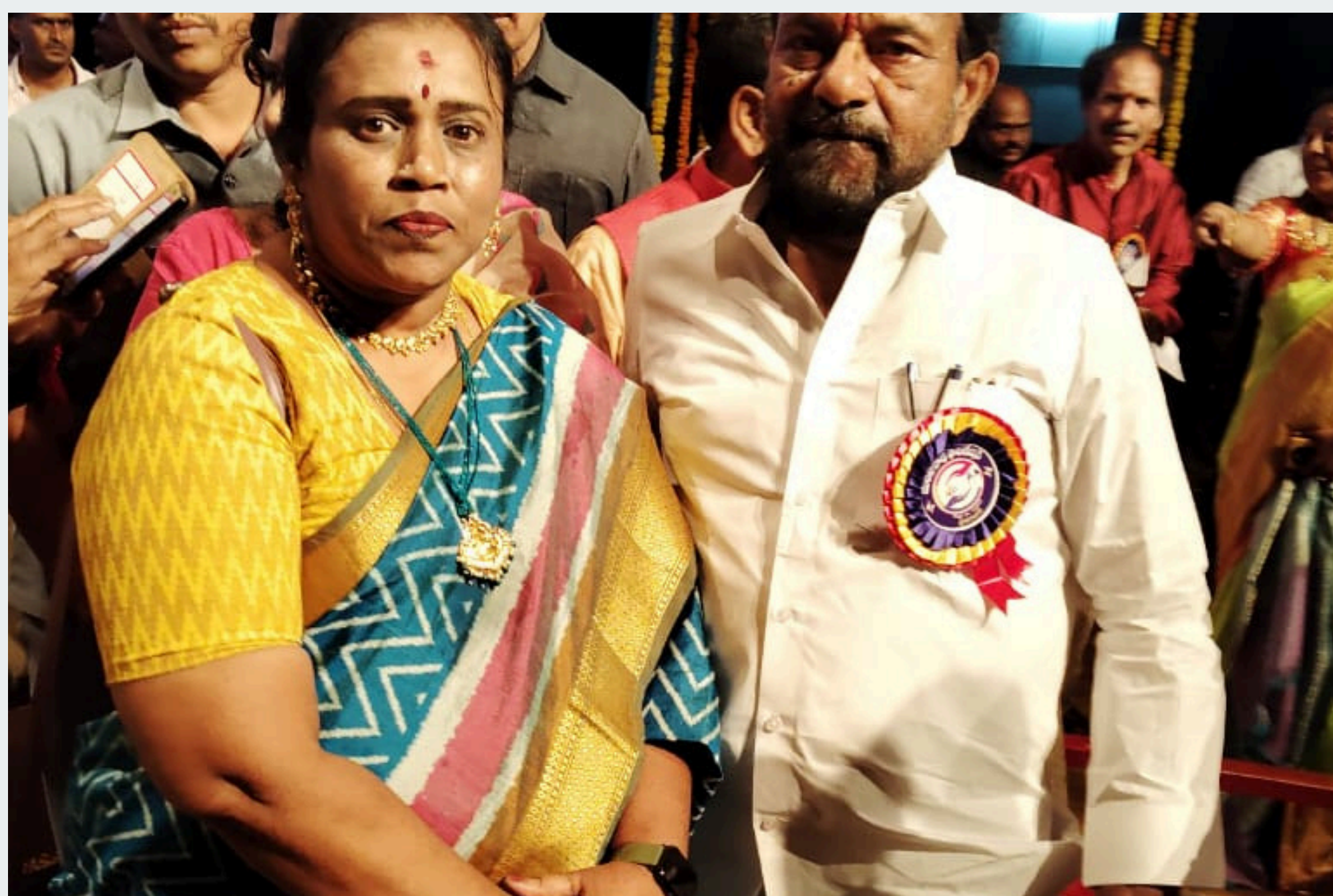


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# Get in touch

 628-106-1417

 [www.srivenilifecoach.com](http://www.srivenilifecoach.com)

 Sriveni Social Activities

 Hyderabad

 SP Sriveni